

*Rachel H. Salk, PhD*

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**LICENSES**

**Licensed Psychologist**, Florida Department of Health License #: PY10452  
**Licensed Psychologist**, Pennsylvania State Board of Psychology License #: PS01867

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**EDUCATION and TRAINING**

**Postgraduate:**

2016-2019 Postdoctoral Fellow, Clinical Research Training for Psychologists, T32 MH018269-30  
Department of Psychiatry, University of Pittsburgh School of Medicine. Pittsburgh, PA  
Mentors: Tina Goldstein, Ph.D., & Michele Levine, Ph.D.

**Clinical Internship:**

2015-2016 Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA  
Mentor: Jennifer Wildes, Ph.D.

**Graduate:**

2010-2016	University of Wisconsin-Madison	Clinical Psychology
	Madison, WI	M.S. (2011)
	Mentors: Lyn Abramson, Ph.D.	Ph.D. (2016)
	Janet Hyde, Ph.D.	

**Undergraduate:**

2006-2010	Northwestern University	Psychology
	Evanston, IL	B.A. (2010)
	Mentor: Renee Engeln, Ph.D.	Summa cum laude

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**SPECIALIZATIONS**

Adolescent Girls' and Women's Mental Health  
Body Image and Eating Behaviors  
Depression  
Measurement-Based Care  
Sexual and Gender Minority Youth

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**CLINICAL EXPERIENCE**

- 2019- **Licensed Psychologist**  
*Katz Counseling and Educational Psychology, Ft, Myers, FL*  
 Provide individual and family psychological services to children, adolescents, and adults. Utilize treatment modalities including cognitive behavioral therapy and behavioral therapy. Provide comprehensive neurodevelopmental, neuropsychological, psychoeducational, and psychological evaluations.
- 2017-2019 **Clinician and Supervisor**  
*College Option Services for Transition Age Students at Risk Center, Western Psychiatric Institute & Clinic, Pittsburgh, PA*  
 Provided comprehensive psychiatric assessments to college students; supervised clinical psychology predoctoral interns; and contributed to program development for the new college-student IOP.  
 Supervisor: Kim Poling, LCSW
- 2017-2018 **Clinician**  
*Health Behaviors in Transition, University of Pittsburgh Medical Center, Behavioral Medicine Department, Pittsburgh, PA*  
 Provided perinatal-specific services for pregnant and postpartum women focused on behavioral weight management, mood, stress, and sleep.  
 Supervisors: Michele D. Levine, Ph.D., & Marsha D. Marcus, Ph.D.
- 2016-2017 **Clinical Evaluator**  
*Longitudinal Eating Assessment in Pregnancy, University of Pittsburgh Medical Center, Behavioral Medicine Department, Pittsburgh, PA*  
 Conducted clinical interviews with perinatal women assessing eating behaviors, eating attitudes, and psychiatric disorders.  
 Supervisor: Michele D. Levine, Ph.D.
- 2015-2016 **Predoctoral Clinical Intern**  
*Western Psychiatric Institute and Clinic, Pittsburgh, PA*  
 Completed intensive clinical training in the following: Behavioral Sleep Medicine, Family Therapy, Autism and Developmental Disorders, Adult Survivors of Suicide, Adolescent and Young Adult Integrative Care, Adolescent Inpatient Bipolar, Addiction Medicine, Diagnostic Emergency Services, and Child and Adolescent Obsessive-Compulsive Disorder Intensive Outpatient Program.
- 2014 **Clinical Psychology Extern**  
*Center for Overcoming Problem Eating- Inpatient, Western Psychiatric Institute & Clinic, Pittsburgh, PA*  
 Conducted individual therapy with adolescents and adults with eating disorders; co-led a 4-session DBT group on interpersonal effectiveness; coordinated patient mental health care with inpatient treatment team.  
 Supervisor: Jennifer Beckjord, Psy.D.
- 2014 **Clinical Psychology Extern**  
*Services for Teens at Risk Center- Intensive Outpatient and Outpatient, Western Psychiatric Institute & Clinic, Pittsburgh, PA*  
 Conducted thorough psychiatric assessments (including K-SADS); co-led intensive outpatient therapy groups (focused on CBT and DBT psychoeducation and skills); conducted individual and family therapy with adolescents and children; and coordinated patient mental health care (behavioral and

pharmacological interventions). Trained in CBT, DBT, and family based IPT. Supervisors: Kim Poling, LCSW, & Laura Dietz, Ph.D.

2012-2013

**Clinical Psychology Extern**

*Behavioral Health, Access Community Health Centers, Madison, WI*

Clinical Psychology Extern

Conducted brief assessments and behavioral interventions for child, adolescent, and adult clients from diverse backgrounds with a range of mental health and behavioral health problems including weight and diabetes management. Responsible for coordinating patient mental health care (behavioral and pharmacological interventions) with primary care physicians. Trained in primary-care focused motivational interviewing and CBT. Supervisor: Armando Hernandez, Ph.D.

2012-2013

**Graduate Student Clinician**

*Psychology Research and Training Clinic, University of Wisconsin-Madison*

Conducted individual therapy and intake interviews; provided couples' therapy; and administered pediatric and adult intelligence, achievement, and cognitive assessments (WISC-IV, WAIS-IV, CVLT-II, CVLT-C, WIAT-III, NEPSY-II, and WMS-IV). Participated in weekly group supervision and didactic training.

Supervisors: Linnea Burk, Ph.D., Shay Stacer, Ph.D., & Al Gurman, Ph.D.

2012-2013

**Clinical Evaluator**

*Center for Investigating Healthy Minds, University of Wisconsin-Madison*

Conducted clinical interviews with combat-exposed veterans. Assessments focused on mood and anxiety disorders, substance use disorders, and PTSD using the SCID-I and the Clinician Administered PTSD Scale (CAPS).

Supervisors: Donal MacCoon, Ph.D., Jack Nitschke, Ph.D., & Melissa Rosenkranz, Ph.D.

2011-2012

**Clinical Evaluator**

*Wisconsin Study of Families and Work, University of Wisconsin-Madison*

Conducted clinical interviews with young adults focused on mental health symptoms.

Supervisors: Lyn Abramson, Ph.D., & Linnea Burk, Ph.D.

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## CLINICAL SEMINARS

Single seminar unless otherwise noted; represents selection of seminars

- Transdiagnostic Sleep and Circadian Interventions (TranS-C) in Youth (Allison Harvey, PhD, 2019)
- Mindfulness-Based Stress Reduction (8-week intensive course; Kelly Beck, PhD, 2018)
- Integrative Behavioral Couple Therapy (Andrew Christensen, PhD, 2017)
- Exploring the Art and Science of Psychotherapy Supervision (Paula Ravitz, PhD, 2016)
- Non-Pharmacological Treatment of Insomnia and Circadian Rhythm Sleep Disorders (Brant Hasler, PhD, 2016)
- Coaching Transgender Youth Through Gender Transition Milestones (Mike Marshal, PhD, 2016)
- Clinical Supervision (Barbara Baumann, PhD, 2016)
- Unified Protocol Master Clinician Training (Shannon Zavala, PhD, 2016)
- Motivational Interviewing Training (Antoine Douaihy, MD, 2016)
- Conducting Group Therapy (Jeff Geibel, PhD, 2016)
- Interpersonal Psychotherapy Training (Holly Swartz, MD, 2015)
- Dialectical Behavior Therapy Training (Stephanie Stepp, PhD, 2015)
- Medications for Bipolar Disorder, Schizophrenia, and Psychosis (Daniel Fishman, MD & Holly Swartz, MD, 2015)
- Medications for Depression and Anxiety (Pierre Azzam, MD & Neeta Shenai, MD, 2015)

- Interpersonal Psychotherapy Training (Jessica Levenson, PhD, 2015)
- Psychopharmacology of ADHD (Cecilia Jefferson, MD, 2014)
- Introduction to Eating Disorders (4 seminars; Eric Rickin, MD, & Jennifer Wildes, PhD, 2014)
- Resourceful Adolescent Parent Program Training (Multiple Day Workshop; Ian Shochet, Ph.D., & Astrid Wurfl, Ph.D., 2014)
- Psychopharmacology of Major Depression (Brendon Nacewicz, MD/PhD, 2013)
- Psychopharmacology of Anxiety (Cecilia Jefferson, MD, 2013)
- Psychopharmacology of Sleep (Melissa Goelitz, MD, 2013)
- Psychopharmacology of Chronic Pain and Addiction (Brendon Nacewicz, MD/PhD, 2013)
- Multicultural Issues in Clinical Practice (Armando Hernandez, PhD, 2013)
- Beck Institute: Student and Post-Doctoral CBT Workshop (Multiple Day Training; Judith Beck, PhD, 2011)
- LGBT Cultural Competency Workshop (PRIDE in Healthcare at UW-Madison, 2011)
- Cultural Issues in Clinical Practice in Medical & Non-medical Settings (Juliette Cutts, PsyD, 2011)
- Motivational Interviewing (2 seminars; Megan Piper, Ph.D., & Jessica Cooke, PhD, 2011)
- Anxiety Disorders and CBT (Bradley C. Reimann, PhD, 2011)
- Application of Evidence-Based Treatment for Eating Disorders (Theodore E. Weltzin, MD, 2011)
- When Two is Better than One: The Evidence-Based Use of Combined CBT and Medications in Depression (Jerry Halverson, MD, 2011)

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### HONORS and AWARDS

Outstanding Poster Presentation, Western Psychiatric Institute and Clinic Research Day	2017
Outstanding Postdoctoral Abstract in Multiple Health Behavior Change, Society for Behavioral Medicine	2017
Graduate Peer Mentor Award, University of Wisconsin-Madison	2014
Lyn Abramson Award for Cognitive Approaches to Psychopathology, University of Wisconsin-Madison	2013
Ira and Harriet Reiss Theory Award, Society for the Scientific Study of Sexuality	2012
National Science Foundation- Graduate Research Fellowship	2012-2015
University Fellowship, University of Wisconsin-Madison	2010-2011
William Hunt Award for Excellence in Undergraduate Psychology Research, Northwestern University	2010
Phi Beta Kappa Society	2010

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### GRANT AWARDS

2018-2019	<p><i>The Intersection of LGBT Identity and Bipolar Disorder in Adolescence: Understanding Psychosocial Experiences, Treatment Course, and Risk for Suicide</i>          \$25,000, Research Initiative for Special Populations Pilot Program, Clinical and Translational Science Institute, University of Pittsburgh          Co-Investigator</p>
2018-2019	<p><i>Implementing Measurement-Based Care in WPIC Child Outpatient Clinics: Assessment System for Integrated Symptom Tracking (ASIST)</i>          \$20,000, Clinical Value Project, Department of Psychiatry, University of Pittsburgh          Co-Investigator</p>
2017-2018	<p><i>Weight-Related Behaviors and Body Image Disturbance Disparities in Transgender Adolescents</i>          \$2300, Research in Diversity, University Research Council, University of Pittsburgh          Principal Investigator</p>
2012-2015	<p>National Science Foundation- Graduate Research Fellowship, \$30,000 per year</p>

2011	Menzies & Royalty Research Award, \$500, University of Wisconsin-Madison
2009-2010	Undergraduate School Year Research Grant, \$800, Northwestern University
2009	Weinberg College Summer Research Grant, \$3000, Northwestern University
2008	Undergraduate Summer Research Grant, \$3000, Northwestern University

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### MEDIA COVERAGE

**Salk, R.H., & Engeln-Maddox, R.** (2011). "If you're fat then I'm humongous": Frequency, content, and impact of fat talk among college women. *Psychology of Women Quarterly*, 35, 18-28.

Featured in *Self* magazine, *Women's Health* magazine, and the Wisconsin Alumni magazine

<http://well.blogs.nytimes.com/2013/05/27/fat-talk-compels-but-carries-a-cost/>

[http://today.msnbc.msn.com/id/42380003/ns/today-today\\_health/](http://today.msnbc.msn.com/id/42380003/ns/today-today_health/)

<http://healthland.time.com/2011/03/31/girl-you-are-so-not-fat-does-fat-talk-make-anyone-feel-better/>

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### PUBLICATIONS REFEREED

#### ARTICLES:

1. **Salk, R. H., & Engeln-Maddox, R.** (2011). "If you're fat then I'm humongous": Frequency, content, and impact of fat talk among college women. *Psychology of Women Quarterly*, 35, 18-28.
2. **Salk, R. H., & Engeln-Maddox, R.** (2012). Fat talk among college women is both contagious and harmful. *Sex Roles: A Journal of Research*, 66, 636-645.
3. Engeln-Maddox, R., **Salk, R. H.,** & Miller, S. A. (2012). Assessing women's negative commentary about their own bodies: A psychometric investigation of the negative body talk scale. *Psychology of Women Quarterly*, 36, 163-179.
4. **Salk, R. H.** & Hyde, J. S. (2012). Modern genetics for gender researchers. *Psychology of Women Quarterly*, 36, 395-410.
5. Moore, M. N.\*, **Salk, R. H.\***, Van Hulle, C., Abramson, L. Y., Hyde, J. S., Lemery-Chalfant, K., & Goldsmith, H. H. (2013). Genetic and environmental influences on rumination, distraction, and depressed mood in adolescence. *Clinical Psychological Science*, 1, 316-322. \*These authors contributed equally to this work.
6. Mezulis, A., **Salk, R. H.,** Hyde, J. S., Priess-Groben, H., & Simonson, A. (2014). Affective, biological, and cognitive predictors of depressive symptom trajectories in adolescence. *Journal of Abnormal Child Psychology*, 42, 539-550.
7. Engeln, R., & **Salk, R. H.** (2014). The demographics of fat talk in adult women: Age, body size, and ethnicity. *Journal of Health Psychology*, 1-10.

8. Anderson, S. F.\*\*, **Salk, R. H.**, & Hyde, J. S. (2015). Stress in romantic relationships and adolescent depressive symptoms: Influence of parental support. *Journal of Family Psychology*, *29*, 339-348. \*\*Indicates student mentee.
9. Rosenkranz, M. A., Esnault, S., Christian, B. T., Crisafi, G., Gresham, L. K., Higgins, A. T., Moore, M. N., Moore, S. M., Weng, H. Y, **Salk, R. H.**, Busse, W. W, & Davidson, R. J. (2016). Mind-body interactions in the regulation of airway inflammation in asthma: A PET study of acute and chronic stress. *Brain, Behavior, and Immunity*, *58*, 18-30.
10. **Salk, R. H.**, Petersen, J. L., Abramson, L. Y., & Hyde, J. S. (2016). The contemporary face of gender differences and similarities in depression throughout adolescence: Development and chronicity. *Journal of Affective Disorders*, *205*, 28-35.
11. Forbush, K. T., Hagan, K. E., **Salk, R. H.**, & Wildes, J. E. (2017). Concurrent and prognostic utility of subtyping anorexia nervosa along dietary and negative affect dimensions. *Journal of Consulting and Clinical Psychology*, *85*, 228-237.
12. **Salk, R. H.**, Hyde, J. S., & Abramson, L. Y. (2017). Gender differences in depression in representative national samples: Meta-analyses of diagnoses and symptoms. *Psychological Bulletin*, *143*, 783-822.
13. Kolko, R. P., **Salk, R. H.**, Sweeny, G. M., Marcus, M. D., & Levine, M. D. (2017). Mothers' loss of control over eating during pregnancy in relation to their infants' appetitive traits. *Appetite*, *120*, 1-5.
14. Emery, R. L., Benno, M. T., **Salk, R. H.**, Kolko, R. P., & Levine, M. D. (2018). Healthcare provider advice on gestational weight gain: Uncovering a need for more effective weight counseling. *Journal of Obstetrics and Gynaecology*, *22*, 1-6.
15. Sladek, M. R., **Salk, R.H.**, & Engeln, R. (2018). Negative body talk measures for Asian, Latina(o), and White young adults: Measurement equivalence and associations with ethnic-racial identity. *Body Image*, *25*, 66-77.
16. **Salk, R. H.**, Germeroth, L. J., Emery, R. L., Conlon, R. P. K, Wang, Z., Cheng, Y., Marcus, M.D., Perkins, K. A., & Levine, M. D. (2019). Predictive utility of subtyping women smokers on depression, eating, and weight-related symptoms. *Health Psychology*, *38*, 248-258.
17. Germeroth, L., J., Benno, M. T., Conlon, R. P. K., Emery, R. L., Cheng, Y., Grace, J., **Salk, R. H.**, & Levine, M. (2019). Trial design and methodology for a non-restricted sequential multiple assignment randomized trial to evaluate combinations of perinatal interventions to optimize women's health. *Contemporary Clinical Trials*, *79*, 111-121.
18. Sewall, C. J. R.\*\*\*, Goldstein, T. R., **Salk, R. H.**, Merranko, J., Gill, M. K., Strober, M. A., Keller, M., Hafeman, D., Ryan, N. D., Yen, S., Hower, H., Liao, F., & Birmaher, B. (2019). Interpersonal relationships and suicidal ideation in youth bipolar disorder. *Archives of Suicide Research*, 1-25.  
\*\*\*Indicates student mentee.
19. Levine, M. D., Emery, R. L., Kolko, R. P., Marcus, M. D., **Salk, R. H.**, & Cheng, Y. (2019). Depressive symptoms near the end of pregnancy predict differential response to postpartum smoking relapse prevention interventions. *Annals of Behavioral Medicine*. doi: 10.1093/abm/kaz026
20. Chugani, C. D., Goldstein, T. R., **Salk, R. H.**, Poling, K., Sakolsky, D., & Brent, D. (In Press). Group intervention for young adults with mood and anxiety disorders transitioning to college. *Journal of Psychiatric Practice*.

**INVITED COMMENTARIES:**

1. Hyde, J. S., & Salk, R. H. (2014). Comment: Menstrual cycle fluctuations in women's mate preferences. *Emotion Review*, 6, 253-254.

**BOOK CHAPTERS:**

1. Alloy, L. B., Salk, R. H., Stange, J. P., & Abramson, L. Y. (2017). Cognitive vulnerability and unipolar depression. In R. J. DeRubeis & D. R. Strunk (Eds.), *The Oxford Handbook of Mood Disorders* (pp. 142153). New York: Oxford University Press.

**MANUSCRIPTS UNDER REVIEW:**

1. Salk, R. H., Thoma, B. C., & Choukas-Bradley, S. The Gender Minority Youth Study: Feasibility of social media recruitment to examine mental health disparities between U.S. cisgender and transgender adolescents.
2. Salk, R. H., Goldstein, T. R., Moses-Kolko, E., Chugani, C. D., Mastruserio, S., Wentroble, E., Sakolsky, D., Poling, K., & Brent, D. R. An intensive outpatient program for college students at risk for suicide.
3. Thoma, B. C., Salk, R. H., Choukas-Bradley, S., Goldstein, T. R., Levine, M. D., & Marshal, M. P. Suicidality disparities between transgender and cisgender adolescents: Examining gender identity subgroup differences within a nationwide online survey.
4. Fox, K. R., Salk, R. H., Choukas-Bradley, S., Marshal, M. P., Thoma, B. C. Mental health among sexual and gender minority adolescents: Examining interactions with race and ethnicity.

**PEER-REVIEWED PRESENTATIONS:**

1. Salk, R. H., & Engeln-Maddox, R. (2009, May). *Healthy defenses: How college women resist normative body discontent*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
2. Rolnik, A., Salk, R. H., Conley, C., & Amir, A. (2010, May). *The impact of ethnicity on male body image*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
3. Salk, R. H., & Engeln-Maddox, R. (2010, May). *Fat talk among college women: Frequency, content, and impact*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
4. Salk, R. H., & Engeln-Maddox, R. (2010, May). *"You're definitely not fat": The effects of challenging peer-generated fat talk*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
5. Salk, R. H., Abramson, L. Y., & Hyde, J. S. (2011, September). *BDNF val66met interacts with stress at Age 13 to predict depression at age 15*. Poster presented at the annual meeting of the International Society of Psychiatric Genetics, Washington D.C.
6. Salk, R. H., Abramson, L. Y., & Hyde, J. S. (2012, March). *Gender differences in GxE research: BDNF interacts with age 13 stress to predict depression in girls and ADHD in boys at age 15*. Poster presented at the annual meeting of the Society for Research on Adolescence, Vancouver, BC, Canada.
7. Mezulis, A., Hyde, J. S., Priess, H., Salk, R. H., & Simonson, J. (2012, March). *Depression trajectories in adolescence: Affective, biological, and cognitive predictors*. Paper presented at the annual meeting of the Society for Research on Adolescence, Vancouver, BC, Canada.

8. **Salk, R. H.\***, Moore, M. N.\*, Van Hulle, C., Abramson, L. Y., Hyde, J. S., Lemery-Chalfant, K., & Goldsmith, H. H. (2012, October). *Genetic and environmental influences on rumination, distraction, and depressed mood in adolescence*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Ann Arbor, Michigan.
9. **Salk, R. H.**, Abramson, L. Y., & Hyde, J. S. (2014, September). *Contemporary face of gender differences in depression throughout adolescence and early adulthood*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Evanston, IL.
10. **Salk, R. H.**, & Hyde, J. S. (2014, November). *Modern genetics for gender researchers*. Plenary address presented at the annual meeting of the Society for the Scientific Study of Sexuality, Omaha, Nebraska.
11. **Salk, R. H.**, & Hyde, J. S. (2015, November). *Maternal behavioral health predictors and benefits of breastfeeding*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
12. **Salk, R. H.**, Abramson, L. Y., & Hyde, J. S. (2016, April). *The emergence of gender differences in depression in adolescence: A meta-analysis*. Paper presented at the annual meeting of the Society for Research on Adolescence, Baltimore, MD.
13. **Salk, R. H.** (2016, April). *Gender and psychopathology in adolescence*. Chaired symposium presented at the annual meeting of the Society for Research on Adolescence, Baltimore, MD.
14. Sladek, M. R., Engeln, R., & **Salk, R. H.** (2016, May). *Evidence for measurement equivalence of fat talk measures across White, Latino/a, and Asian college students*. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL, May 2016.
15. **Salk, R. H.**, Forbush, K. T., Hagan, K. E., & Wildes, J. E. (2016, June). *The clinical utility of subtyping anorexia nervosa along dietary and negative affect dimensions*. Poster presented at the annual meeting at the 16<sup>th</sup> Annual Department of Psychiatry Research Day, Pittsburgh, PA.
16. Germeroth, L. J., **Salk, R. H.**, & Levine, M. D. (2017, March). *Interactive effects of smoking status and race on weight during pregnancy*. Poster presented at the annual scientific meeting of the Society for Research on Nicotine and Tobacco, Florence, Italy.
17. **Salk, R. H.**, Kolko, R. P., Germeroth, L. J., Emery, R. L., & Levine, M. D. (2017, March). *The clinical utility of depression and weight-related subtypes among weight-concerned women smokers*. Poster presented at the annual scientific meeting of the Society of Behavioral Medicine, San Diego, CA.
18. Germeroth, L. J., Emery, R. L., Kolko, R. P., **Salk, R. H.**, Cheng, Y., & Levine, M. D. (2017, March). *Self-efficacy in smoking restraint, but not motivation, predicts postpartum smoking resumption among women*. Poster presented at the annual scientific meeting of the Society of Behavioral Medicine, San Diego, CA.
19. Kolko, R. P., Emery, R. L., Grace, J., Kass, A. E., **Salk, R. H.**, Germeroth, L. J., Cheng, Y., & Levine, M. D. (2017, March). *When less is more: Supportive postpartum smoking relapse prevention is more effective and less costly than an enhanced version*. Poster presented at the annual scientific meeting of the Society of Behavioral Medicine, San Diego, CA.
20. Levine, M. D., Cheng, Y., Kolko, R. P., **Salk, R. H.**, Germeroth, L. J., & Emery, R. L. (2017, March). *Trajectories of return to smoking during the postpartum year among women who quit smoking during pregnancy*. Poster presented at the annual scientific meeting of the Society of Behavioral Medicine, San Diego, CA.



21. Sladek, M. R., Engeln, R., & **Salk, R. H.** (2017, June). *Using fat talk measures with ethnically diverse female and male college students: Measurement equivalence and contributions to eating disordered attitudes and behaviors.* Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.
22. **Salk, R. H.**, Kolko, R. P., Germeroth, L. J., Emery, R. L., & Levine, M. D. (2017, June). *The clinical utility of depression and weight-related subtypes among weight-concerned women smokers.* Poster presented at the 17<sup>th</sup> Annual Department of Psychiatry Research Day, Pittsburgh, PA.
23. Emery, R. L., **Salk, R. H.**, Kolko, R. P., Marcus, M. D., & Levine, M.D. (2017, September). *Psychometric evaluation of a modified pregnancy version of the Eating Disorder Examination (EDE-PV).* Poster presented at the Eating Disorders Research Society Annual Meeting, Leipzig, Germany.
24. Kolko, R. P., Emery, R. L., **Salk, R. H.**, Hildebrandt, B. A., Marcus, M. D., & Levine, M. D. (2017, September). *Prenatal loss of control eating in relation to eating disorder psychopathology among a community sample of pregnant women with overweight and obesity.* Poster presented at the Eating Disorders Research Society, Leipzig, Germany.
25. Viducich, I. M., Emery, R. L., Kolko, R. P., **Salk, R. H.**, Benno, M. T., & Levine, M. D. (2017, November). *Preliminary data from telephone-based postpartum weight management.* Poster presented at the Association for Behavioral and Cognitive Therapies annual convention, San Diego, CA.
26. **Salk, R. H.**, Shenai, N., Kolko, R. P., Benno, T., Hildebrandt, B. A, Marcus, M. D., & Levine, M. (2018, May). *Education on perinatal depression during the antepartum period is common and well received by women.* Poster presented at the Society of Behavioral Medicine, New Orleans, LA.
27. Mastruserio, S., Poling, K., Goldstein, T. R., **Salk, R. H.**, & Brent, D.R. (2018, May). *College Option-Services for Transition-Aged Students at Risk (Co-STAR) Intensive Outpatient Program.* Poster presented at the Children's Interagency Conference, Penn State, PA.
28. **Salk, R. H.**, Goldstein, T. R., Mastruserio, S., Chinn, M., Chugani, C. D., Porta, G., Poling, K., & Brent, D. R. (2018, May). *An Intensive Outpatient Program for College Students at Risk for Suicide.* Poster presented at the Children's Hospital of Pittsburgh of UPMC Adolescent and Young Adult Health Research Symposium, Pittsburgh, PA.
29. Chugani, C. D., Goldstein, T. R., **Salk, R. H.**, Poling, K., & Brent, D. R. (2018, May). *Group intervention for youth with mood and anxiety disorders transitioning to college.* Children's Hospital of Pittsburgh of UPMC Adolescent and Young Adult Health Research Symposium, Pittsburgh, PA.
30. **Salk, R. H.**, Goldstein, T. R., Mastruserio, S., Chinn, M., Chugani, C. D., Porta, G., Poling, K., & Brent, D. R. (2018, June). *An Intensive Outpatient Program for College Students at Risk for Suicide: College Option-Services for Transition Age Students at Risk.* Poster presented at the 18<sup>th</sup> Annual Department of Psychiatry Research Day, Pittsburgh, PA.
31. Emery, R. L., **Salk, R. H.**, Kolko, R. P., Marcus, M. D., & Levine, M. D. (2018, June). *Psychometric evaluation of a modified pregnancy version of the Eating Disorder Examination (EDE-PV).* Poster presented at the 18<sup>th</sup> Annual Department of Psychiatry Research Day, Pittsburgh, PA.
32. Sewall, C. J. R., Goldstein, T. R., **Salk, R. H.**, Gill, M. K., Strober, M. A., Keller, M., and Birmaher, B. (2018, June). *Interpersonal Relationship Quality and Suicidal Ideation Among Youth with Bipolar Disorder.* Poster presented at the 18<sup>th</sup> Annual Department of Psychiatry Research Day, Pittsburgh, PA.
33. Andreu Pascual, M., Levenson, J., Birmahir, B., Goldstein, T. R., **Salk, R. H.**, Gill, M. K., Merranko, J., Register,

B., Liao, F., Axelson, A., Goldstein, B., Ryan, N. D., Strober, M., Leonard, H., Hunt, J., & Keller, M. (2018, June). *Negative life events among youths with bipolar disorder (BD): A longitudinal prospective study*. Poster presented at the 18<sup>th</sup> Annual Department of Psychiatry Research Day, Pittsburgh, PA.

34. Thoma, B. C., **Salk, R. H.**, Choukas-Bradley S., Goldstein, T. R., Levine, M. D., & Marshal, M. P. (July 2019). *Suicidality Disparities Between Transgender and Cisgender Adolescents: Examining Gender Identity Subgroup Differences within a Nationwide Online Survey*. Oral presentation to be given at the 2019 annual meeting of the International Academy of Sex Research, Mexico City, Mexico.

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## TEACHING and MENTORSHIP

### COURSES:

- 2019      *Research Methods Laboratory- Undergraduate Course*  
University of Pittsburgh  
Role: Instructor  
24 Students, 3.5 hrs/week  
Student Evaluations: Preparation (4.8/ 5.0), Communication (4.8/ 5.0), Availability (4.6/ 5.0), Respect (4.9/ 5.0)
- 2012-2013      *General Linear Model- Graduate Course*  
University of Wisconsin-Madison  
Role: Laboratory Teaching Assistant  
20 Graduate Students, 2 hrs/ week, 2 semester course sequence Student  
Evaluation: 4.7 / 5.0

### MENTORSHIP:

- 2018-2019      *Graduate Student Advising, University of Pittsburgh*
- 2013-2016      *Mentor, APA Society of Clinical Child and Adolescent Psychology Mentoring Program*
- 2013-2016      *Undergraduate Honors Thesis Advising, University of Wisconsin-Madison*
- 2012      *Peer Mentor- Psychology Research Experience Program, University of Wisconsin-Madison*  
Worked intensively with an undergraduate, from a historically underrepresented population, for 12 weeks to develop and complete a research project.
- 2011-2013      *Psi Chi Graduate Student Liaison, University of Wisconsin-Madison*  
Served as the first graduate student liaison for the UW-Madison chapter of Psi Chi, the National Honor Society for Psychology Students. Developed and organized an annual mentorship seminar.
- 2011-2013      *Graduate Student Peer Mentor, University of Wisconsin-Madison*
- 2011-2013      *Undergraduate Research Mentor, University of Wisconsin-Madison*
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**INVITED LECTURES**

- 2014      *Research Methods (2 lectures) and Personality Disorders (1 lecture)*  
Carnegie Mellon University, Pittsburgh, PA  
Audience: 80 undergraduate students enrolled in Abnormal Psychology course
- 2013      *Sexual Disorders and Sex Therapy*  
University of Wisconsin-Madison  
Audience: 250 undergraduate students enrolled in Humanity Sexuality course
- 2013      *Depression Trajectories in Adolescence: Affective, Biological, and Cognitive Predictors*  
Psi Chi Research Talk, University of Wisconsin-Madison  
Audience: Undergraduate students involved in Psi Chi organization
- 2012      *Introduction to Behavior Genetics*  
University of Wisconsin-Madison  
Audience: First generation and ethnic minority undergraduate students

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**AD HOC EDITORIAL EXPERIENCE**

Body Image: An International Journal of Research  
Cognitive Therapy and Research  
Health Psychology  
International Journal of Eating Disorders  
Journal of Health Psychology  
Nicotine and Tobacco Research  
Psychological Bulletin  
Psychology of Women Quarterly  
Sex Roles: A Journal of Research

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**MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES**

American Psychological Association  
Association for Psychological Science  
Florida Psychological Association  
Society for a Science of Clinical Psychology