

Katz Counseling and Educational Psychology

12791 World Plaza Lane, Bldg. 89

Fort Myers, Florida 33907

Phone: (239) 247-1756

Fax: (239) 690-2438

www.katzpsychology.com

Empowerment Group

A therapeutic leadership group for pre-teen & adolescent girls



- Separate Groups for Pre-teens and Adolescents
- Skill building activities focused on:
 - self-advocacy
 - self-esteem
 - emotional control
 - coping skills
 - overcoming negative peer influences
- Fosters positive peer relationships between group members.

Contact us for more information, 239-247-1756 or info@katzpsychology.com.