

Curriculum Vitae

Anna Shtrauh, Ph.D.

Katz Counseling and Educational Psychology
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LICENSES

Licensed Psychologist, Florida Department of Health, License # PY 10848
Licensed Psychologist, State of Michigan Department of Licensing and Regulatory Affairs, License # 6301018618

2012-2019 **Doctor of Philosophy in Clinical Psychology**
Palo Alto University (APA-Accredited)
Pacific Graduate School of Psychology, Palo Alto, CA

EDUCATION

2012-2019 **Doctor of Philosophy in Clinical Psychology**
Palo Alto University (APA-Accredited)
Pacific Graduate School of Psychology, Palo Alto, CA

2012-2017 **Master of Science in Clinical Psychology**
Pacific Graduate School of Psychology, Palo Alto, CA

2004-2009 **Bachelor of Arts in Psychology**
Hunter College, City University of New York

LANGUAGES

Russian Native fluency—understanding, speaking, reading and writing

CLINICAL EXPERIENCE

8/20-Present **Licensed Psychologist Katz Counseling and Educational Psychology, Fort Myers, FL**
• Continue to provide individual, couples, family, and group psychological services to children, adolescents, and adults
• Utilize treatment modalities including play-based therapy, cognitive behavioral therapy, behavioral therapy, structural family therapy, psychoeducation, parent training and more

- Serve a broad range of developmental and psychological conditions including autism, intellectual impairments, AD/HD, disruptive behavioral disorders, anxiety, depression, post-traumatic and other stress disorders, OCD, learning disorders and more
- Provide comprehensive neurodevelopmental, psychological, and psychoeducational evaluations

7/18-8/20

Postdoctoral Resident, Katz Counseling and Educational Psychology, Fort Myers, FL

- Provided individual, couples, family, and group psychological services to children, adolescents, and adults
- Utilized treatment modalities including cognitive behavioral therapy, behavioral therapy, structural family therapy, psychoeducation, and parent training
- Served a broad range of developmental and psychological conditions including autism, intellectual impairments, AD/HD, disruptive behavioral disorders, anxiety, depression, post-traumatic stress disorder, learning disorders and more
- Provided comprehensive neurodevelopmental, psychological, and psychoeducational evaluations
- Received supervised training in psychological services and psychological evaluations for children and dependency court

7/18-6/19

Doctoral Psychology Intern, JFCS, Sarasota, FL

- Provided psychotherapy to elementary children in Title 1 school by utilizing CBT, TF-CBT, Motivational Interviewing and Play Therapy approaches
- Completed comprehensive intakes, constructed treatment plans and collaborated with parents and teachers
- Conducted assessments (emotional, academic, personality, behavioral, sensory integration and cognitive) with children and adolescents ages 4-17. Measures utilized included WISC-V, Woodcock Johnson-IV, M-PACI, CDI/BDI/RADS, Roberts-2, TSCC, PPVT-4, EVT-2, VMI, WPPSI-IV, WIAT-II, KFD, RCMAS-2, AARS, CAT, BASC-3, Short Sensory Profile and others
- Participated in didactic training, group and individual supervision
- Participated in journal club and completed a presentation on Developmental Trauma Disorder
- Presented a comprehensive review on Autism Spectrum Disorder (presentation for law enforcement officers)
- Provided supervision to practicum student (40 hours/week; 2000 total by end of internship)

**Supervisors: Robert Boxley Ph.D., Licensed Psychologist, Training Director
Barbara Lorry, Ph.D., Licensed Psychologist**

**10/17-06/18
3/16-8/16**

Practicum Therapist, Peer Play (Whole Child), SF, CA

- Facilitated groups for children with autism 2-12 years of age.
- Utilized DIR-Floortime and behavioral approaches in groups focused on development of communication, socialization and sensory/motor areas.

(7 hours/week; 343 total)

Supervisor: Francisco Rocco, Ph.D., Director

4/16-6/17

Practicum Therapist, LifeMoves, Menlo Park, CA

- Provided psychotherapy to children, parents, families and individuals with severe mental illness. Utilized psychodynamic, IFS (Internal Family Systems), CFT (Compassion Focused Therapy), client-oriented approaches.
- Conducted neuropsychological assessments with adults and children.

- Facilitated pre-teen group and a new Child Parent Psychotherapy (CPP) group weekly.

(20 hours/week; 1098 total)

**Supervisors: Nancy Morgan, M.S., Ph.D., Licensed Psychologist, Behavioral Health Director
Ana Nedelisky, Ph.D., Licensed Psychologist
Wilma Reyes, Psy.D., Associate Program Coordinator for the Mental Health Initiative at UCSF**

9/15-6/17

Practicum Therapist, County of Monterey, Children's Behavioral Health, Family Assessment Support and Treatment-Assessment Team, Salinas, CA

- Provided psychotherapy to children, parents and families presenting with depression, anxiety, trauma, and personality disorders. Utilized cognitive-behavioral (primarily TF-CBT), psychodynamic, narrative, family systems, EFT and motivational interviewing techniques
- Conducted mental health family assessments as per court mandate. Utilized a comprehensive interview technique along with assessment measures (TSCC; Beck Inventories; Youth Self Report; PAI; CBCL; BASC; projective measures). Completed integrative reports.
- Participated in process supervision groups, staff meetings and trainings
- Acted as a case coordinator for clients by communicating with social workers and other team members/professionals
- Constructed treatment plans, documented updates and progress via process and progress notes in the AVATAR system.

(16 hours/week 9/15-7/16, 5 hours /week 7/16-6/17; 639 total)

Supervisors: Liz Perez, Psy.D., Licensed Psychologist,

**Behavioral Health Unit Supervisor–Children’s
Services**
Laura Torrisi, Ph.D., MA., Clinical Psychologist
Kristen LaFreniere, Psy.D., Clinical Psychologist

1/12-3/16

**Service Coordinator/ Clinical Case Manager, Crestwood
Behavioral Health Center, San Jose, CA**

- Conducted intake assessments with adult clients on psychiatric inpatient unit; assessed and documented clients’ daily progress; ran therapeutic groups
- Collaborated with Mental Health Advocates and Santa Clara Court system in treatment planning
- Completed documentation to Public Guardian Office to process conservatorships
- Completed Child Protective Services reports
- Completed client referrals to IMD, Crisis Residential and Board & Care facilities
- Participated in daily interdisciplinary meetings to assess clients’ progress
- Processed discharges (i.e. collaborated with placement representatives; facilitated family meetings)
- Participated in weekly meetings with county representatives and outside agencies to ensure adherence to Medi-Cal standards and provision of fine client care.
- Intervened via crisis de-escalation protocol and assisted in non-violent restraining procedures when necessary

**Supervisors: Kelly Ilsley, Psy.D., ABPP., BCBA., OTRL.,
CPRP
Cindy Robins, OTR/L
Stephanie Schultze, LMFT, ATR**

9/14-6/15

**Practicum Therapist, Gronowski Center at Palo Alto
University, Los Altos, CA**

- Provided individual psychotherapy to adults presenting with depression, anxiety, trauma, and personality disorders. Utilized CBT, psychodynamic, IPT, ACT, biopsychosocial, family systems and motivational interviewing intervention techniques.
- Conducted telephone and in-person interviews with individuals and families; administered assessments (MMSE; PAI; DAAS; BDI-II; OQ-45.2; H.A.R.T, MoCA)
- Participated in weekly individual and group supervision with video review of sessions.

(10 hours/week; 363 total)

Supervisor: Ella Shechtman-Cory, Ph.D.

- 5/14-9/14** **Case Manager, Caminar, San Mateo**
- Provided intensive case management services to adults with SMI and co-occurring diagnoses
 - Conducted assessments of client skills and areas for improvement; built individual treatment plans
 - Provided client advocacy within the medical and support systems
 - Responded to and de-escalated crisis situations
 - Participated in daily multidisciplinary team meetings with Medication Clinic, nurses, psychiatrists and directors
- Supervisor: Jesse Weller, Psy.D., Assistant Director to R.E.A.C.H. team**
- 11/13-5/14** **Transitional Housing Case Manager, Mental Health Association of San Mateo, San Francisco, CA**
- Assessed shelter clients for initial readiness for transitional housing
 - Conducted weekly check-ins with clients and assessed their ability to sustain permanent housing in the community
 - Conducted searches for housing and collaborated with other agencies on clients' cases
 - Assisted clients with obtaining benefits, such as SSI, Medi-Cal and General Assistance
 - Worked closely with Housing Authority; analyzed and prepared HUD reports
 - Held a bi-weekly managerial role with shelter staff
- 5-8/11** **Mental Health Assistant, Gateway Counseling Center, Bronx, NY**
- Facilitated therapeutic groups for clients with Axis I diagnoses
 - Conducted weekly client assessments via 1:1 meetings and collaborated with outside agencies and family members
 - Participated in weekly interdisciplinary meetings and trainings
 - Held a managerial role in Office of Mental Health during some weekends
- Supervisor: Allison Bindiger, LMSW, PHR**
- 5/10-8/11** **Waiver Service Provider, St. Christopher-Otilie Family of Services, Brooklyn, NY**
- Provided services to severely emotionally distressed (SED) children, 5-18 years of age
 - Practiced skills and interventions described in individualized Detailed Service Plan with children outside the home
 - Provided psychoeducation and support to biological and foster parents

- 11/9-6/10** **Respite Care Provider, Center for Human Development and Family Services, New York City, NY**
 • Employed Applied Behavior techniques with children diagnosed with ADHD in social settings
- 5/7-2/8** **Volunteer, Son-Rise Program, New York City, NY**
 • Applied Son-Rise intervention methods with an 11-year-old child with autism in a home setting
 • Utilized modeling of social skills; reinforced sharing, mutual play and taught skills such as organization, independence and flexibility

TEACHING EXPERIENCE

- 2/15-6/15** **Teaching Assistant to Leonard Beckum, PhD**
Palo Alto University, Clinical Psychology PhD program, Palo Alto, CA
 • Course: “Cultural Differences: Cross-Cultural Issues in Psychology”
- 8/07-12/07** **Statistics in Psychology Teaching Assistant and Tutor, Hunter College, New York City, NY**
 • Assisted undergraduate students with homework and other course- related issues
 • Conducted a presentation on a study describing Chi-square procedure
 • Assisted students with entering data and navigating/running the SPSS program
 • Developed original problems on specific topics and graded students’ lab assignments

ACADEMIC HONORS AND AWARDS

- 2009** The Livingston Welch Award for Outstanding Achievement in Service in Psychology, Hunter College
- 2009** Departmental Honors, Hunter College
- 2008** Golden Key National Honour Society, Hunter College
- 2007** Psi-Chi Honor Society in Psychology, Hunter College
- 2006-2007** National Dean’s List, Hunter College

RELATED WORK EXPERIENCE

- 8/14-5/15** **Administrative Assistant to Leonard Beckum, Ph.D.**
Palo Alto University, Clinical Psychology Ph.D. program, Palo
Alto, CA
- 9/10-8/11** **Assistant to Director of Behavioral Health, Coney Island**
Hospital, Brooklyn, NY
- Assisted with application process to professional organizations
 - Assisted with research and preparation for conference presentations
 - Performed an administrative role by running tasks related to office of behavioral health
- Supervisor: Howard Eisman, Ph.D., Director of Behavioral Health**

RESEARCH EXPERIENCE

- 8/14-present** **Research Assistant and advisee, Palo Alto University, Clinical**
Psychology Ph.D. Program, Palo Alto, CA
- Dissertation defense on the topic: “Family Social Support Moderating Polyvictimization on the Mental Health and Self-concept of Children,” successfully defended on 04/19
- Mentors: Rowena Gomez, Ph.D., Director of Clinical Training, chair**
Leonard Beckum, Ph.D., previous advisor, retired
- 10/07-10/09** **Research Assistant, Hunter College, Department of**
Psychology, New York City, NY
- Research study on maternal speech during mother-child interactions with a sample of children with autism**
- Reviewed videos with mother-child dyad play for mothers’ vocalizations during interactions with their children with autism
 - Entered and compared data on Microsoft Excel, established reliability scores, calculated inter-rater reliability
 - Ran SPSS results and prepared a presentation on the project
 - Conducted literature searches and completed an honor’s thesis describing the project and the results extracted
 - Presented the poster of the project at Columbia University Undergraduate Symposium; wrote an honor’s thesis describing the project
- Mentor: Michael Siller, Ph.D.**

9/08-6/09

**Research Coordinator Assistant, Mount Sinai Hospital,
Department of Psychiatry, New York, NY
Genetics of Autism Spectrum Disorders**

- Observed administration of child assessments
- Scored child and parent evaluations
- Participated in Psychiatry Grand Rounds

**Supervisor: Joseph Buxbaum, Ph.D., Director of Seaver
Autism Center**

PROFESSIONAL PRESENTATIONS

Shtrauh, A. (2018). *Autism Spectrum Disorder: A Forensic Overview for the Education of Law Enforcement Officers*. Presentation for law enforcement officers of Bradenton County, Bradenton, FL

Shtrauh, A. (2009). *Maternal Verbalization During Mother-Child Interaction with Her Child with Autism*. Poster presented at the Columbia University Spring Undergraduate Symposium, New York, NY

PROFESSIONAL AFFILIATIONS

9/12-present

American Psychological Association (APA)

9/12-present

Division 53 of APA, Society of Clinical Child and Adolescent Psychology

7/19-present

Florida Psychological Association (FPA)

7/19-present

FPA Child, Adolescent and Family Division Member

9/12-9/18

Santa Clara County Psychological Association, Student Member

9/12-1/18

Division 12 of APA, Society of Clinical Psychology

9/12-1/16

California Psychological Association Student Affiliate member

9/12-1/16

Association for Psychological Science Student Affiliate member