

Curriculum Vitae
Anna Shtrauh, Ph.D.

Katz Counseling and Educational Psychology
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Fort Myers, FL 33907

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EDUCATION

- 2012-2019** **Doctor of Philosophy in Clinical Psychology**
Palo Alto University (APA-Accredited)
Pacific Graduate School of Psychology, Palo Alto, CA
- 2012-2017** **Master of Science in Clinical Psychology**
Pacific Graduate School of Psychology, Palo Alto, CA
- 2004-2009** **Bachelor of Arts in Psychology**
Hunter College, City University of New York

LANGUAGES

Russian Native fluency—understanding, speaking, reading and writing

CLINICAL EXPERIENCE

- 7/18-present** **Postdoctoral Resident, Katz Counseling and Educational Psychology, Fort Myers, FL**
- Provides individual, couples, family, and group psychological services to children, adolescents, and adults
 - Utilizes treatment modalities including cognitive behavioral therapy, behavioral therapy, structural family therapy, psychoeducation, and parent training
 - Serves a broad range of developmental and psychological conditions including autism, intellectual impairments, AD/HD, disruptive behavioral disorders, anxiety, depression, post-traumatic stress disorder, learning disorders and more
 - Provides comprehensive neurodevelopmental, psychological, and psychoeducational evaluations
 - Receives supervised training in psychological services and psychological evaluations for children and dependency court

7/18-6/19**Doctoral Psychology Intern, JFCS, Sarasota, FL**

- Provided psychotherapy to elementary children in Title 1 school by utilizing CBT, TF-CBT, Motivational Interviewing and Play Therapy approaches
- Completed comprehensive intakes, constructed treatment plans and collaborated with parents and teachers
- Conducted assessments (emotional, academic, personality, behavioral, sensory integration and cognitive) with children and adolescents ages 4-17. Measures utilized included WISC-V, Woodcock Johnson-IV, M-PACI, CDI/BDI/RADS, Roberts-2, TSCC, PPVT-4, EVT-2, VMI, WPPSI-IV, WIAT-II, KFD, RCMAS-2, AARS, CAT, BASC-3, Short Sensory Profile and others
- Participated in didactic training, group and individual supervision
- Participated in journal club and completed a presentation on Developmental Trauma Disorder
- Presented a comprehensive review on Autism Spectrum Disorder (presentation for law enforcement officers)
- Provided supervision to practicum student (40 hours/week; 2000 total by end of internship)

**Supervisors: Robert Boxley Ph.D., Licensed Psychologist, Training Director
Barbara Lorry, Ph.D., Licensed Psychologist**

**10/17-06/18
3/16-8/16****Practicum Therapist, Peer Play (Whole Child), SF, CA**

- Facilitated groups for children with autism 2-12 years of age.
 - Utilized DIR-Floortime and behavioral approaches in groups focused on development of communication, socialization and sensory/motor areas.
- (7 hours/week; 343 total)

Supervisor: Francisco Rocco, Ph.D., Director

4/16-6/17**Practicum Therapist, LifeMoves, Menlo Park, CA**

- Provided psychotherapy to children, parents, families and individuals with Severe mental illness. Utilized psychodynamic, IFS (Internal Family Systems), CFT (Compassion Focused Therapy), client-oriented approaches.
 - Conducted neuropsychological assessments with adults and children.
 - Facilitated pre-teen group and a new Child Parent Psychotherapy (CPP) group weekly.
- (20 hours/week; 1098 total)

**Supervisors: Nancy Morgan, M.S., Ph.D., Licensed Psychologist, Behavioral Health Director
Ana Nedelisky, Ph.D., Licensed Psychologist**

**Vilma Reyes, Psy.D., Associate Program
Coordinator for the Mental Health Initiative at
UCSF**

9/15-6/17

**Practicum Therapist, County of Monterey, Children's
Behavioral Health, Family Assessment Support and
Treatment-Assessment Team, Salinas, CA**

- Provided psychotherapy to children, parents and families presenting with depression, anxiety, trauma, and personality disorders. Utilized cognitive-behavioral (primarily TF-CBT), psychodynamic, narrative, family systems, EFT and motivational interviewing techniques
- Conducted mental health family assessments as per court mandate. Utilized a comprehensive interview technique along with assessment measures (TSCC; Beck Inventories; Youth Self Report; PAI; CBCL; BASC; projective measures). Completed integrative reports.
- Participated in process supervision groups, staff meetings and trainings
- Acted as a case coordinator for clients by communicating with social workers and other team members/professionals
- Constructed treatment plans, documented updates and progress via process and progress notes in the AVATAR system.

(16 hours/week 9/15-7/16, 5 hours /week 7/16-6/17; 639 total)

**Supervisors: Liz Perez, Psy.D., Licensed Psychologist,
Behavioral Health Unit Supervisor–Children's
Services
Laura Torrisi, Ph.D., MA., Clinical Psychologist
Kristen LaFreniere, Psy.D., Clinical Psychologist**

1/12-3/16

**Service Coordinator/ Clinical Case Manager, Crestwood
Behavioral Health Center, San Jose, CA**

- Conducted intake assessments with adult clients on psychiatric inpatient unit; assessed and documented clients' daily progress; ran therapeutic groups
- Collaborated with Mental Health Advocates and Santa Clara Court system in treatment planning
- Completed documentation to Public Guardian Office to process conservatorships
- Completed Child Protective Services reports
- Completed client referrals to IMD, Crisis Residential and Board & Care facilities
- Participated in daily interdisciplinary meetings to assess clients' progress
- Processed discharges (i.e. collaborated with placement representatives; facilitated family meetings)

- Participated in weekly meetings with county representatives and outside agencies to ensure adherence to Medi-Cal standards and provision of fine client care.
- Intervened via crisis de-escalation protocol and assisted in non-violent restraining procedures when necessary

Supervisors: Kelly Ilsley, Psy.D., ABPP., BCBA., OTRL., CPRP

Cindy Robins, OTR/L

Stephanie Schultze, LMFT, ATR

9/14-6/15

Practicum Therapist, Gronowski Center at Palo Alto

University, Los Altos, CA

- Provided individual psychotherapy to adults presenting with depression, anxiety, trauma, and personality disorders. Utilized CBT, psychodynamic, IPT, ACT, biopsychosocial, family systems and motivational interviewing intervention techniques.
- Conducted telephone and in-person interviews with individuals and families; administered assessments (MMSE; PAI; DAAS; BDI-II; OQ-45.2; H.A.R.T, MoCA)
- Participated in weekly individual and group supervision with video review of sessions.

(10 hours/week; 363 total)

Supervisor: Ella Shechtman-Cory, Ph.D.

5/14-9/14

Case Manager, Caminar, San Mateo

- Provided intensive case management services to adults with SMI and co-occurring diagnoses
- Conducted assessments of client skills and areas for improvement; built individual treatment plans
- Provided client advocacy within the medical and support systems
- Responded to and de-escalated crisis situations
- Participated in daily multidisciplinary team meetings with Medication Clinic, nurses, psychiatrists and directors

Supervisor: Jesse Weller, Psy.D., Assistant Director to R.E.A.C.H. team

11/13-5/14

Transitional Housing Case Manager, Mental Health

Association of San Mateo, San Francisco, CA

- Assessed shelter clients for initial readiness for transitional housing
- Conducted weekly check-ins with clients and assessed their ability to sustain permanent housing in the community
- Conducted searches for housing and collaborated with other agencies on clients' cases
- Assisted clients with obtaining benefits, such as SSI, Medi-Cal and General Assistance

- Worked closely with Housing Authority; analyzed and prepared HUD reports
 - Held a bi-weekly managerial role with shelter staff
- Supervisors: Georgia Peterson and Tiffany Bailey**

5-8/11 **Mental Health Assistant, Gateway Counseling Center,**
Bronx, NY

- Facilitated therapeutic groups for clients with Axis I diagnoses
- Conducted weekly client assessments via 1:1 meetings and collaborated with outside agencies and family members
- Participated in weekly interdisciplinary meetings and trainings
- Held a managerial role in Office of Mental Health during some weekends

Supervisor: Allison Bindiger, LMSW, PHR

5/10-8/11 **Waiver Service Provider, St. Christopher-Ottillie Family of**
Services, Brooklyn, NY

- Provided services to severely emotionally distressed (SED) children, 5-18 years of age
- Practiced skills and interventions described in individualized Detailed Service Plan with children outside the home
- Provided psychoeducation and support to biological and foster parents

11/9-6/10 **Respite Care Provider, Center for Human Development and**
Family Services, New York City, NY

- Employed Applied Behavior techniques with children diagnosed with ADHD in social settings

5/7-2/8 **Volunteer, Son-Rise Program, New York City, NY**

- Applied Son-Rise intervention methods with an 11-year-old child with autism in a home setting
- Utilized modeling of social skills; reinforced sharing, mutual play and taught skills such as organization, independence and flexibility

TEACHING EXPERIENCE

2/15-6/15 **Teaching Assistant to Leonard Beckum, PhD**
Palo Alto University, Clinical Psychology PhD program, Palo
Alto, CA

- Course: “Cultural Differences: Cross-Cultural Issues in Psychology”

8/07-12/07 **Statistics in Psychology Tutor and Teaching Assistant,**
Hunter College, New York City, NY

- Assisted undergraduate students with homework and other

course- related issues

- Conducted a presentation on a study describing Chi-square procedure
- Assisted students with entering data and navigating/running the SPSS program
- Developed original problems on specific topics and graded students' lab assignments

ACADEMIC HONORS AND AWARDS

2009	The Livingston Welch Award for Outstanding Achievement in Service in Psychology, Hunter College
2009	Departmental Honors, Hunter College
2008	Golden Key National Honour Society, Hunter College
2007	Psi-Chi Honor Society in Psychology, Hunter College
2006-2007	National Dean's List, Hunter College

RELATED WORK EXPERIENCE

8/14-5/15	Administrative Assistant to Leonard Beckum, Ph.D. Palo Alto University, Clinical Psychology Ph.D. program, Palo Alto, CA
9/10-8/11	Assistant to Director of Behavioral Health, Coney Island Hospital, Brooklyn, NY <ul style="list-style-type: none"> • Assisted with application process to professional organizations • Assisted with research and preparation for conference presentations • Performed an administrative role by running tasks related to office of behavioral health Supervisor: Howard Eisman, Ph.D., Director of Behavioral Health

RESEARCH EXPERIENCE

8/14-present	Research Assistant and advisee, Palo Alto University, Clinical Psychology Ph.D. Program, Palo Alto, CA <ul style="list-style-type: none"> • Dissertation defense on the topic: "Family Social Support Moderating Polyvictimization on the Mental Health and Self-concept of Children," successfully defended on 04/19 Mentors: Rowena Gomez, Ph.D., Director of Clinical Training, chair Leonard Beckum, Ph.D., previous advisor, retired
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10/07-10/09**Research Assistant, Hunter College, Department of Psychology, New York City, NY****Research study on maternal speech during mother-child interactions with a sample of children with autism**

- Reviewed videos with mother-child dyad play for mothers' vocalizations during interactions with their children with autism
- Entered and compared data on Microsoft Excel, established reliability scores, calculated inter-rater reliability
- Ran SPSS results and prepared a presentation on the project
- Conducted literature searches and completed an honor's thesis describing the project and the results extracted
- Presented the poster of the project at Columbia University Undergraduate Symposium; wrote an honor's thesis describing the project

Mentor: Michael Siller, Ph.D.**9/08-6/09****Research Coordinator Assistant, Mount Sinai Hospital, Department of Psychiatry, New York, NY****Genetics of Autism Spectrum Disorders**

- Observed administration of child assessments
- Scored child and parent evaluations
- Participated in Psychiatry Grand Rounds

Supervisor: Joseph Buxbaum, Ph.D., Director of Seaver Autism Center**PROFESSIONAL PRESENTATIONS**

Shtrauh, A. (2018). *Autism Spectrum Disorder: A Forensic Overview for the Education of Law Enforcement Officers*. Presentation for law enforcement officers of Bradenton County, Bradenton, FL

Shtrauh, A. (2009). *Maternal Verbalization During Mother-Child Interaction with Her Child with Autism*. Poster presented at the Columbia University Spring Undergraduate Symposium, New York, NY

PROFESSIONAL AFFILIATIONS

9/12-present	American Psychological Association (APA)
9/12-present	Division 53 of APA, Society of Clinical Child and Adolescent Psychology
7/19-present	Florida Psychological Association (FPA)
7/19-present	FPA Child, Adolescent and Family Division Member
9/12-9/18	Santa Clara County Psychological Association, Student Member
9/12-1/18	Division 12 of APA, Society of Clinical Psychology
9/12-1/16	California Psychological Association Student Affiliate member
9/12-1/16	Association for Psychological Science Student Affiliate member